## The Bread of Life

Life needs nutrition. Bread is a very important form of nourishment in many cultures. Our soul and our spirit need nutrition as well.

Jesus says, "I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst" (John 6:35).



Jesus is not speaking of physical nutrition here, but nutrition for the soul and spirit. Jesus is the answer for man's inner emptiness, the hunger and thirst of life.

#### The Bread of the World

Nothing which the world offers can perfectly satisfy our inner hunger. These things can give a momentary content to life, but soon the "bread" has run out and there is once again an empty feeling, and we need once again to search for new experiences, riches, wealth and success - things that don't offer any nourishment for the man's soul or inner being.

The enemy of our souls tries to give something to fill our inner emptiness. But he is a thief and robber, who demands a high price for his entertainment.

### The Bread of God

But the Word of God promises, "Everyone who thirsts, come

to the waters; and you who have no money, come, buy and eat. Yes, come, buy wine and milk without money and without price" (Isaiah 55:1).

And Jesus says, "...I have come that they may have life, and that they may have it more abundantly" (John 10:10b).

Jesus is the Source of Life! How Wonderful! How Blessed! Jesus is the Giver of Life today as well. He doesn't give us what the world gives, rather, He gives what Heaven gives: inner peace and joy. Only what is inside a person is true life. Jesus feeds a person inside with His grace and presence.

He doesn't give the riches and the glory of the world nor its abundance, but rather, He gives spiritual food. Yes, God has promised to take care of His own during the lifetime here.

In saying that "He who comes to Me shall never hunger, and he who believes in Me shall never thirst", Jesus gives us a promise from God.

## The Gifts of God

These gifts of God are to be received by faith. He who believes – who comes by faith to Jesus – can experience the promises and blessings which God's Word promises.

Everyone longs for inner peace and the joy of life on a true foundation. There is only one answer to this: Jesus Christ, God's only Son.

He suffered death on the Cross at Calvary

on our behalf. He bore our sins and gave us the promise of Eternal life in Heaven.

He still lives today. He moves and works in the hearts of those who believe in Him and follow Him.

My friend, come with an open heart to Jesus.

If you would like to accept Jesus as Savior into your life, you could pray like this:

Thank you God, that I can receive this gift by your grace. I want to receive Jesus into my heart.

Save me, God, and forgive all my sins.

Make me a child of God. Come into my heart, Jesus, and
help me to learn to know You.

Thank You, God, that You will do this and that from now on I belong to You, in Jesus' Name. Amen!

Praise the Lord for His great mercy to us!

Do you want to know more?



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